
Scriptures for Times of Crisis

Collected by Chaplain Joy L. Smith (from New King James Version)

God calls us to have a simple, childlike, trusting faith. Over all, Scripture is saying: You who are troubled, seeking how to live, can reach a double portion of peace when you abandon yourself and your fears. Simply trust in the Lord, your Rock, while seeking wisdom and guidance.

These are just a few of the many Scriptures within the Bible that bring comfort during times of crisis.

Deuteronomy 4: 29- 31 "But from there you will seek the Lord your God, and you will find *Him* if you seek Him with all your heart and with all your soul. When you are in distress, and all these things come upon you in the latter days, when you turn to the Lord your God and obey His voice (for the Lord your God is a merciful God), He will not forsake you nor destroy you, nor forget the covenant of your fathers which He swore to them."

Deuteronomy 33: 25 "... As your days, so shall your strength be."

Isaiah 1: 18-19 "Come now, and let us reason together," Says the Lord, "Though your sins are like scarlet, They shall be as white as snow; Though they are red like crimson, They shall be as wool. If you are willing and obedient, you shall eat the good of the land . . ."

2 Samuel 22: 2-4 "And he said: 'The Lord is my rock, my fortress and my deliverer; The God of my strength, in Him I will trust, My shield and the horn of my salvation, My stronghold and my refuge; My Savior, You save me from violence. I will call upon the Lord, who is worthy to be praised. So shall I be saved from my enemies.'"

2 Samuel 22:32-33 "For who is God, except the Lord? And who is a rock, except our God? God is my strength and power, And He makes my way perfect."

Psalms 18:46 "The LORD lives! Blessed be my Rock! Let the God of my salvation be exalted."

Psalms 27: 5 "For in the time of trouble He shall hide me in His pavilion; In the secret place of His tabernacle He shall hide me; He shall set me high upon a rock."

Psalms 27: 14 "Wait on the Lord; Be of good courage, And He shall strengthen your heart; Wait, I say, on the Lord!"

Psalms 31: 2 "Bow down Your ear to me, Deliver me speedily; Be my rock of refuge, A fortress of defense to save me."

Psalms 40: 2 "He also brought me up out of a horrible pit, Out of the miry clay, And set my feet upon a rock, And established my steps."

Psalms 55:22 "Cast your burden on the LORD, And He shall sustain you; He shall never permit the righteous to be moved."

Psalms 62: 6-7 “He only is my rock and my salvation; *He is my defense*; I shall not be moved. In God is my salvation and my glory; the rock of my strength, *And my refuge, is in God.*”

Psalms 71: 3 “Be my strong habitation, To which I may resort continually; You have given the commandment to save me, For *You are my rock and my fortress.*”

Psalms 92: 15 “To declare that the Lord is upright; *He is my rock, and there is no unrighteousness in Him.*”

Proverbs 18: 10 “The name of the LORD is a strong tower; the righteous run to it and are safe.”

Isaiah 12: 2 “Behold, God is my salvation, I will trust and not be afraid; ‘For YAH, the LORD, is my strength and my song; He also has become my salvation.’”

Isaiah 26: 3-4 “You will keep him in perfect peace, *Whose mind is stayed on You, because he trusts in You. Trust in the Lord forever, for in YAH, the Lord is everlasting strength.*”

Isaiah 44:8 “Do not fear, nor be afraid; Have I not told you from that time, and declared *it*? You are My witnesses. Is there a God besides Me? Indeed *there is no other Rock; I know not one.*”

Isaiah 59: 19 “So shall they fear The name of the Lord from the west, And His glory from the rising of the sun; When the enemy comes in like a flood, The Spirit of the Lord will lift up a standard against him.”

Jeremiah 29:11 “For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope.”

Matthew 7: 24 “Therefore whoever hears these sayings of Mine, and does them, I will liken him to a wise man who built his house on the rock . . .”

Luke 12: 22 -32 “Then He said to His disciples, “Therefore I say to you, do not worry about your life, what you will eat; nor about the body, what you will put on. Life is more than food, and the body is more than clothing. Consider the ravens, for they neither sow nor reap, which have neither storehouse nor barn; and God feeds them. Of how much more value are you than the birds? And which of you by worrying can add one cubit to his stature? If you then are not able to do *the least*, why are you anxious for the rest? Consider the lilies, how they grow: they neither toil nor spin; and yet I say to you, even Solomon in all his glory was not arrayed like one of these. If then God so clothes the grass, which today is in the field and tomorrow is thrown into the oven, how much more will *He clothe you, O you of little faith*? And do not seek what you should eat or what you should drink, nor have an anxious mind. For all these things the nations of the world seek after, and your Father knows that you need these things. But seek the kingdom of God, and all these things shall be added to you. Do not fear, little flock, for it is your Father's good pleasure to give you the kingdom.”

I Corinthians 10: 4 “. . . all drank the same spiritual drink. For they drank of that spiritual Rock that followed them, and that Rock was Christ.”

Ephesians 3: 14-21 “For this reason I bow my knees to the Father of our Lord Jesus Christ, from whom the whole family in heaven and earth is named, that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man, that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, may be able to comprehend with all the saints

what is the width and length and depth and height--to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God. Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us, to Him *be* glory in the church by Christ Jesus throughout all ages, world without end. Amen.”

I Peter 5: 6 -11 “Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you. Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world. But may the God of all grace, who called us to His eternal glory by Christ Jesus, after you have suffered a while, perfect, establish, strengthen, and settle you. To Him *be* the glory and the dominion forever and ever. Amen.”

Remember: Your Father knows what you need. See yourself as snuggled in God’s bosom of love, letting the Lord comfort you and become your burden bearer.