
Affirmations

prepared by Chaplain Joy L. Smith

These affirmations, used daily for over eight years, greatly augmented the healing of my soul.

In the morning:

I am loved . . .
I am wanted . . .
I am treasured and cherished.

I was not born of the
will of flesh but of
the will of God.
God wanted me to be born.

My Father is rich in cattle
and lands. He holds the
wealth of the world in His Hands.

I have nothing to fear. God is
within me, through the powerful
Holy Spirit.

All is well with my soul . . .
it's okay to laugh and to play.

All my sins are forgiven
and I have been given the
free gift of eternal life
with God in Heaven.

At night:

I am precious . . .
I am a royal daughter of The King.
I am a partaker of the Kingdom of
God within . . . I have righteousness,
peace and joy in the Holy Spirit.

My heart is set on doing the will
of God. God's power within me will
win over all obstacles. I am not
weak, but mighty and strong through God.